



SCIENTIFIC INTRODUCTION

The **respiratory diseases** field remains afflicted by a range of pathologies where the key common elements are **obstruction and – consequently – mucus hypersecretion**. The **obstructive pulmonary diseases** keep the role of major public health challenge, marked by persistent gaps in **early diagnosis, disease monitoring, and personalized management**. **ARIA 2025** aims to contribute to the evolution of clinical practice by focusing on the **"Treatable Traits" approach**, i.e. a precision medicine framework that redefines obstructive diseases not as a single entities, but as a collection of distinct, modifiable traits.

By adopting this perspective, the event will help shift the focus from a one-size-fits-all treatment model to a more individualized and multidimensional view of care. Given the comprehensive multidisciplinary nature of treatable traits, which often extend beyond the pulmonary domain, the program will bring together not only pulmonologists but also general practitioners, nutritionists, psychologists, and patient representatives.

Through this innovative perspective, **ARIA** will support clinicians in rethinking their approach to **PRE-COPD, COPD and Chronic Bronchitis**, promoting earlier identification, **broader awareness of disease complexity, and ultimately, more effective patient management**.

Discussion and debate will be key elements of the 2 days sessions' event, which will involve more than 100 experts in respiratory medicines from all over the world.

SCIENTIFIC BOARD

Chairs

Francesco Blasi (Italy)
Alberto Papi (Italy)

Co-Chairs

Alvar Agusti (Spain)
Marc Miravittles (Spain)
Paola Rogliani (Italy)

FACULTY

Alvari Agusti (Spain)

Sarah Airey (UK)

Federico Baraldi (Italy)

Francesco Blasi (Italy)

Meilan King Han (USA)

Marc Miravittles (Spain)

Alberto Papi (Italy)

Tommaso Piccinno (Italy)

Dejan Radovanovic (Italy)

Paola Rogliani (Italy)



Inspire, breath

VENUE

Congress Center NANA BIANCA
P.za di Cestello, 10, 50124 Florence Italy



Scan the QR CODE to visit the event
web-site for all the on-site information

secretariat@aria2025.org

Organising Secretariat



Lena Italy – LENA GROUP

Via Caduti di Marcinelle 11 - 20134 MILANO - Italy
+39 02 36584730

on-site contact numbers (November 2nd - November 4th)

Lorenzo Vicardi : +39 3441840797

Daniel Tamas: +377 97 97 36 02

Organising Secretariat



inspire, breath

SCIENTIFIC PROGRAMME

3-4 November 2025

Florence ♦ Congress Centre Nana Bianca





inspire, breath

Zambon is glad to welcome you to
ARIA 2025: an engaging and
immersive event that reflects the
company's 60-year commitment to
promoting a **multidisciplinary
approach to the care and prevention
of patients with chronic obstructive
respiratory diseases.**

SCIENTIFIC AGENDA

MONDAY AFTERNOON OVERTURE & FIRST ACT

- 14:00 – 15:00 ● OVERTURE**
Chairs: F. Blasi (Italy), A. Papi (Italy)
- 14:00 – 14:15 **Inhale, exhale, play: the unbreakable bond between breath and music**
Bruno Dal Bon (Italy) OPERA Conductor, Conservatory of Como
- 14:15 – 14:30 **Last decades of innovation and research improvements in chronic respiratory diseases**
- 14:30 – 15:00 **Obstructive chronic diseases in 2025: strategies and approaches**
M. Miravittles (Spain)
- 15:00 – 16:30 ● FIRST ACT – PART 1**
Chairs: F. Blasi (Italy), A. Agusti (Spain)
- 15:00 – 15:30 **From pre-COPD to COPD: early stage and therapeutic strategies**
P. Rogliani (Italy)
- 15:30 – 16:00 **Uncovering the hidden burden: case-finding and early detection in airway disease**
A. Agusti (Spain)
- 16:00 – 16:30 **Dialogue on Pre-COPD: therapeutic approach and best clinical practice**
M. King Han (USA), A. Papi (Italy)
- 16:30 - 17:00 **COFFEE BREAK**
- 17:00 – 18:45 ● FIRST ACT – PART 2**
Chair: P. Rogliani (Italy)
- 17:00 – 17:30 **Chronic bronchitis and COPD exacerbations: connecting symptoms, risk and therapeutic need**
A. Papi (Italy)
- 17:30 – 18:30 **Workshop: case finding and AI in obstructive pulmonary diseases**
Group Mentors: F. Baraldi (Italy), D. Radovanovic (Italy),
in collaboration with Thirona
Please consider the group name you have on your badge and follow the on-site indications to join your group area.
- 18:30 – 18:45 **Final discussion & wrap up of the day**
F. Blasi (Italy), A. Papi (Italy)

TUESDAY MORNING SECOND ACT

- 09:00 – 10:30 ● SECOND ACT – PART 1**
Chair: A. Papi (Italy)
- 09:00 – 09:30 **Prevention and supportive strategies in chronic obstructive patients**
F. Blasi (Italy)
- 09:30 – 09:45 **Nutritional approach: dietary gaps and BMI challenges in COPD Management**
S. Airey (UK)
- 09:45 – 10:00 **Psychological approach: how to be supportive with patients and care givers**
T. F. Piccinno (Italy)
- 10:00 – 10:30 **My COPD story: nutrition and supportive experts**
in cooperation with S. Airey (UK), F. Baraldi (Italy), T. F. Piccinno (Italy)
- 10:30 – 11:00 **The golden breath: how to improve our breath techniques**
- 11:00 - 11:30 **COFFEE BREAK**
- 11:30 – 15:00 ● SECOND ACT – PART 2**
Chair: M. Miravittles (Spain)
- 11:30 – 12:00 **Economic-organisational implications in the management of obstructive chronic diseases**
D. Radovanovic (Italy)
- 12:00 – 12:30 **Research perspectives in chronic obstructive respiratory diseases**
F. Baraldi (Italy)
- 12:30 - 13:00 **Discussion**
- 13:00 – 14:00 **LUNCH**
- 14:00 – 14:45 ● Round table: multidisciplinary approach for the management of obstructive patients**
Chairs: A. Papi (Italy), F. Blasi (Italy)
Discussants: S. Airey (UK), D. Radovanovic (Italy), M. Miravittles (Spain), F. Baraldi (Italy), T. F. Piccinno (Italy)
- 14:45 – 15:00 ● Closing remarks**
F. Blasi (Italy), A. Papi (Italy)