



inspire, breath

Zambon is pleased to invite you to an
engaging and immersive event that
reflects the company’s 60-year
commitment to promoting a
multidisciplinary approach to the
care and prevention of patients with
chronic obstructive respiratory
diseases.

SCIENTIFIC AGENDA

MONDAY AFTERNOON OVERTURE & FIRST ACT

- 14:00 – 15:00

Overture
Chairs: F. Blasi (Italy), A. Papi (Italy)
- 14:00 – 14:15

Inhale, exhale, play: the unbreakable bond between breath and music
OPERA Conductor, Conservatory of Como (Italy)
- 14:15 – 14:30

Last decades of innovation and research improvements in chronic respiratory diseases
- 14:30 – 15:00

Obstructive chronic diseases in 2025: strategies and approaches
M. Miravittles (Spain)
- 15:00 – 16:30

FIRST ACT – PART 1
Chairs: F. Blasi (Italy), A. Agusti (Spain)
- 15:00 – 15:30

From pre-COPD to COPD: early stage and therapeutic strategies
P. Rogliani (Italy)
- 15:30 – 16:00

Uncovering the hidden burden: case-finding and early detection in airway disease
A. Agusti (Spain)
- 16:00 – 16:30

Dialogue on Pre-COPD: therapeutic approach and best clinical practice
M. King Han (USA), A. Papi (Italy)
- 17:00 – 18:45

FIRST ACT – PART 2
Chair: P. Rogliani (Italy)
- 17:00 – 17:30

Chronic bronchitis and COPD exacerbations: connecting symptoms, risk, and therapeutic need
A. Papi (Italy)
- 17:30 – 18:30

Workshop: case finding and AI in obstructive pulmonary diseases
Group Mentors: F. Baraldi (Italy), D. Radovanovic (Italy), in collaboration with Thirona
The audience will be divided into groups and will work on «Case Finding» thanks to the use of AI software. The software can combine diagnostic images and clinical data to support the «case finding challenge»
- 18:30 – 18:45

Final discussion & wrap up of the day
F. Blasi (Italy), A. Papi (Italy)

TUESDAY MORNING SECOND ACT

- 09:00 – 10:30

SECOND ACT – PART 1
Chair: A. Papi (Italy)
- 09:00 – 09:30

Prevention and supportive strategies in chronic obstructive patients
F. Blasi (Italy)
- 09:30 – 09:45

Nutritional approach: dietary gaps and BMI challenges in COPD Management
A. Bulfamante (Italy)
- 09:45 – 10:00

Psychological approach: how to be supportive with patients and care givers
T. F. Piccinno (Italy)
- 10:00 – 10:30

My COPD story: nutrition and supportive experts with Patient, A. Bulfamante (Italy) T. F. Piccinno (Italy)
During the session, a clinical case involving a patient with a possible diagnosis of obstructive pulmonary disease will be discussed. Although the diagnostic process is still ongoing, the Respiratory Unit has decided to initiate multidisciplinary support, as the patient appears to be experiencing nutritional challenges, including a significantly low BMI.
- 10:30 – 11:00

The golden breath: how to improve our breath techniques with expert support
- 11:30 – 15:00

SECOND ACT – PART 2
Chair: M. Miravittles (Spain)
- 11:30 – 12:00

Economic-organisational implications in the management of obstructive chronic diseases
D. Radovanovic (Italy)
- 12:00 – 12:30

Research perspectives in chronic obstructive respiratory diseases
F. Baraldi (Italy)
- 12:30 – 13:00

Discussion
- 13:00 – 14:00

LUNCH
- 14:00 – 14:45

Round table: multidisciplinary approach for the management of obstructive patients
Chairs: A. Papi (Italy), F. Blasi (Italy)
Discussants: GP TBA, A. Bulfamante (Italy), D. Radovanovic (Italy), M. Miravittles (Spain), F. Baraldi (Italy), T. F. Piccinno (Italy)
- 14:45 – 15:00

Closing remarks
F. Blasi (Italy), A. Papi (Italy)



SCIENTIFIC INTRODUCTION

The **respiratory diseases** field remains afflicted by a range of pathologies where the key common elements are **obstruction and – consequently – mucus hypersecretion**. The **obstructive pulmonary diseases** keep the role of major public health challenge, marked by persistent gaps in **early diagnosis, disease monitoring, and personalized management**. **ARIA 2025** aims to contribute to the evolution of clinical practice by focusing on the **"Treatable Traits" approach**, i.e. a precision medicine framework that redefines obstructive diseases not as a single entities, but as a collection of distinct, modifiable traits.

By adopting this perspective, the event will help shift the focus from a one-size-fits-all treatment model to a more individualized and multidimensional view of care. Given the comprehensive multidisciplinary nature of treatable traits, which often extend beyond the pulmonary domain, the program will bring together not only pulmonologists but also general practitioners, nutritionists, psychologists, and patient representatives.

Through this innovative perspective, **ARIA** will support clinicians in rethinking their approach to **PRE-COPD, COPD and Chronic Bronchitis**, promoting earlier identification, **broader awareness of disease complexity, and ultimately, more effective patient management**.

Discussion and debate will be key elements of the 2 days sessions' event, which will involve more than 100 experts in respiratory medicines from all over the world.

SCIENTIFIC BOARD

Chairs

Francesco Blasi (Italy)
Alberto Papi (Italy)

Co-Chairs

Alvar Agusti (Spain)
Marc Miravittles (Spain)
Paola Rogliani (Italy)

FACULTY

Alvari Agusti (Spain)
Federico Baraldi (Italy)
Francesco Blasi (Italy)
Anna Bulfamante (Italy)
Meilan King Han (USA)
Marc Miravittles (Spain)
Alberto Papi (Italy)
Tommaso Piccinno (Italy)
Dejan Radovanovic (Italy)
Paola Rogliani (Italy)



Inspire, breath
VENUE

Congress Center NANA BIANCA
P.za di Cestello, 10, 50124 Florence Italy



Scan the QR CODE to visit the event
web-site and stay update

secretariat@aria2025.org

Organising Secretariat



Lena Italy – LENA GROUP
Via Caduti di Marcinelle 11 - 20134 MILANO - Italy
+39 02 36584730



inspire, breath

SCIENTIFIC PROGRAMME
3-4 November 2025

Florence ♦ Congress Centre Nana Bianca

Organising Secretariat

